# Wellness Walk

**Penmire Brook, Birch Coppice Business Park,
Danny Morson Way, Tamworth B78 1SE**

# Birch Coppice Depot

**Directions (Walk):**
Exit the carpark and take the first exit at the roundabout
At the next roundabout go straight over
Take the second exit at the next roundabout
After approx. 500ft cross the road and take a right onto the footpath